THE SONGWRITERS PATH

INNER VERSE STARTER PACK · GIFT THREE

THE SONG MAP

Where intuition meets craft.
A map to shape your seeds into a song.

A bridge between art and personal growth

EVERY SONG HAS A SHAPE

Intuition gives you the seeds. Craft helps them grow.

People think those two are opposites. They're not. The freest songs I've written still had a shape underneath them, like the bones under skin.

This map gives you that shape. It's the one most songs you love are built on:

VERSE → CHORUS → VERSE → CHORUS → BRIDGE → CHORUS

Turn the page to see your whole song on one map. The pages after it take you through each stop, one at a time. You don't have to go in order. Start wherever the energy is, and bring your seeds with you.

YOUR MAP IN SIX STEPS

1. The heart
2. The title
3. The chorus
4. Verse one
5. Verse two
6. The bridge

Songwriting is both intuition and craft.

YOUR SONG MAP

Your whole song, on one page.

1

THE HEART

The core meaning, in a few words

2

THE TITLE

Three to five words

4

VERSE ONE

The scene

3

CHORUS

The heart, said simply

5

VERSE TWO

The story moves

6

BRIDGE

The turn

Chorus after each verse, and once more after the bridge. Then you're home.

STEP 1

The heart

In one sentence, what is this song really about? Not the story: the core meaning underneath it. For example: *You hurt me, but now I'm free.*

> *This song is really about...*

STEP 2

The title

Find three to five words that hold the heart. Look through your seeds first, because the title is often already there.

STEP 3

The chorus

The chorus is the heart, said simply. It's the part people sing back to you.

Write four lines. Put your title in the first or last line. Keep the words plain and true.

SPACE TO PLAY

Try other versions here. Swap words, move the title, read them aloud.

STEP 4

Verse one: the scene

Where are we? Who's there? What's happening? Use details you could see, hear or touch. Show me, don't tell me.

STEP 5

Verse two: the story moves

Time passes, or we go deeper, or we see the other side. Something has changed since verse one.

STEP 6

The bridge: the turn

The bridge is the new view, the thing you only realise near the end. Two to four lines is enough.

SPACE TO PLAY

Try it another way. What if the turn surprised even you?

FINDING THE MELODY

Most melodies are already hiding in the words.

You don't need to play an instrument to find a melody. Listen to how your words already want to move.

- **Speak it first.** Say your chorus out loud, slowly, and notice where your voice rises and falls.
- **Hum it next.** Hum those same rises and falls. That's the start of your melody.
- **Lift the chorus.** Let it sit a little higher than the verses, so it feels like it opens up.
- **Record everything.** Sing into your phone, even when it feels rough. You'll forget it otherwise.

Your song doesn't have to be perfect. It has to be true. Those are the songs that give people shivers.

The first song is the hardest. After that, you're a songwriter.

One song is powerful.
A body of work is transformational.

THE SONGWRITERS PATH

Listen first. Then write.

Every song I've loved writing begins the same way. Not with a technique. With listening, to that quiet wisdom inside me, and writing from that place.

That's what The Songwriters Path is about. It's a community and a creative home for people who want to live and write as whole humans, from the inside out.

Inside, there are weekly live sessions with me, daily rituals, prompts and challenges, and a circle of songwriters sharing their work and cheering each other on.

Craft matters, and you'll learn it here. But the deeper meaning of songwriting is a way of living: listening, letting life move through you, and sharing what you find with others. That's where the magic is found, and its gifts are endless.

It's also where you'll find Inner Verse, my 30-day songwriting journey through six elements, along with more courses, practices and resources to keep your creativity growing.

It doesn't matter how old you are, or whether you've ever written a song before. If you've always felt creative, or something in you has always wanted to be revealed, you belong here.

JOIN THE SONGWRITERS PATH

skool.com/thesongwriterspath

The world is waiting for your words.

Shelley xxx